

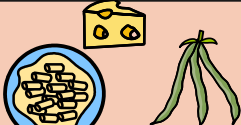
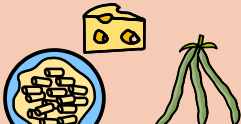
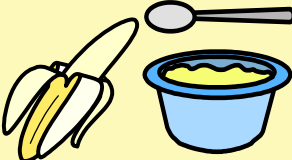
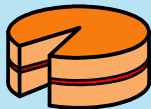
Week 1

Main Meal

Vegetarian

Alternative

Pudding

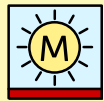
	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 chicken Alfredo with pasta and garlic bread	 macaroni cheese with sliced green beans	 cottage pie with carrots	 roast chicken, roast potatoes, cabbage and gravy	 fish, chips and baked beans
	 Quorn Alfredo with pasta and garlic bread	 macaroni cheese with sliced green beans	 veggie cottage pie with carrots	 Quorn fillet, roast potatoes, cabbage and gravy	 veggie nuggets, chips and baked beans
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 bananas in custard	 jam buns	 Angel Delight	 yoghurt	 carrot cake



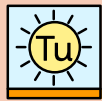



 Jacket potato = Tuna mayo or cheese and beans

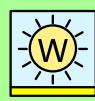
Week 2



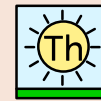
Monday



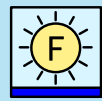
Tuesday



Wednesday



Thursday



Friday

Main Meal



pizza with spaghetti hoops



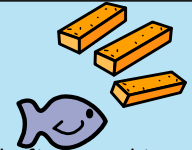
Chinese chicken curry with rice and prawn crackers



sausage casserole with mashed potato



roast pork, roast potatoes, broccoli and gravy



fish fingers, chips and baked beans

Vegetarian



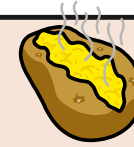
pizza with spaghetti hoops



Chinese Quorn curry with rice and prawn crackers



veggie sausage casserole with mashed potato



cheese and onion stuffed jackets with broccoli



chilli cheese bites, chips and baked beans

Alternative



jacket potato



jacket potato



jacket potato



jacket potato

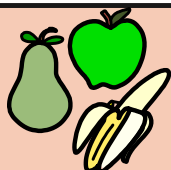


jacket potato

Pudding



apple crumble with cream



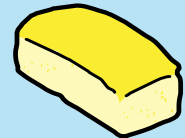
fresh fruit platter



chocolate school cake



yoghurt

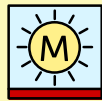


lemon drizzle cake

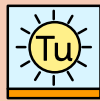


Jacket potato = Tuna mayo or cheese and beans

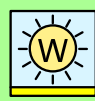
Week 3



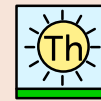
Monday



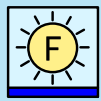
Tuesday



Wednesday



Thursday



Friday

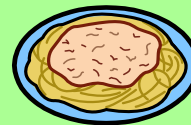
Main Meal



taco pasta with green salad



cheese and onion quiche with
potato waffles and baked
beans



chicken and bacon linguine
with garlic bread



roast gammon, roast
potatoes, carrots and gravy



sausage, chips and baked
beans

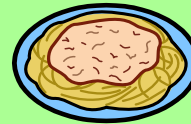
Vegetarian



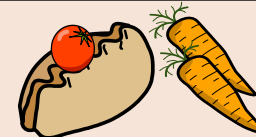
veggie taco pasta with
green salad



cheese and onion quiche with
potato waffles and baked
beans



Quorn linguine with garlic
bread



cheese and tomato slice,
roast potatoes and carrots



veggie sausage, chips and
baked beans

Alternative



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato

Pudding



banana cake



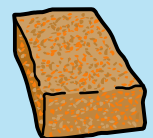
chocolate and orange trifle



jam and coconut sponge



yoghurt

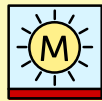


apricot flapjack

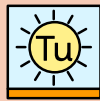


Jacket potato = Tuna mayo or cheese and beans

Week 4



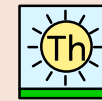
Monday



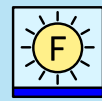
Tuesday



Wednesday



Thursday



Friday

Main Meal



BBQ pulled chicken in a bun with corn on the cob



all day breakfast wrap with baked beans



meatball cowboy pie with country vegetables



roast pork, roast potatoes, cauliflower and gravy



fish cakes, chips and baked beans

Vegetarian



BBQ Quorn Sloppy Joe in a bun with corn on the cob



veggie all day breakfast wrap with baked beans



veggie meatball cowboy pie with country vegetables



cauliflower cheese with roast potatoes



chilli cheese bites, chips and baked beans

Alternative



jacket potato



jacket potato



jacket potato



jacket potato

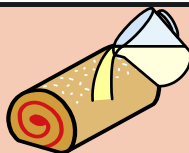


jacket potato

Pudding



apple and sultana upside down cake



fruit roly poly with custard



rock cakes



yoghurt



raspberry and white chocolate pinwheels



Jacket potato = Tuna mayo or cheese and beans