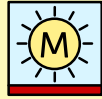
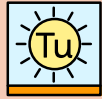


# Week 1



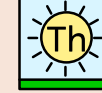
Monday



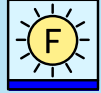
Tuesday



Wednesday

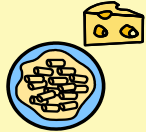


Thursday



Friday

## Main Meal



pasta with cheese or spicy tomato sauce with garlic bread



sausage roll, new potatoes and spaghetti hoops



chicken and mediterranean vegetable tray bake and new potatoes

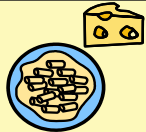


roast pork, roast potatoes, broccoli and gravy

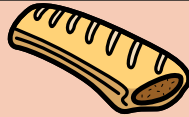


fish, chips and baked beans

## Vegetarian



pasta with cheese or spicy tomato sauce with garlic bread



veggie sausage roll, new potatoes and spaghetti hoops



Quorn and mediterranean vegetable tray bake and new potatoes



Quorn fillet, roast potatoes, broccoli and gravy



veggie nuggets, chips and baked beans

## Alternative



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato

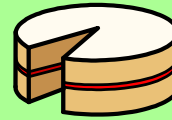
## Pudding



artic roll



fresh mixed fruit pots



old school cake



yoghurt



homemade scones with jam



Jacket potato



= cheese,



tuna

and



mayo,



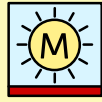
cheese

and

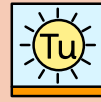


beans

# Week 2



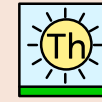
Monday



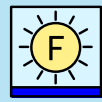
Tuesday



Wednesday



Thursday



Friday

## Main Meal



cheese and tomato frittata,  
new potatoes and cucumber  
sticks



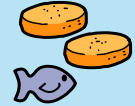
ploughmans lunch, freshly baked  
roll, with ham, cheese, apple,  
celery, crisps pickle/mayo



lasagne, garlic bread and  
salad



roast chicken, roast  
potatoes, carrots and  
gravy



fish cakes, chips and  
baked beans

## Vegetarian



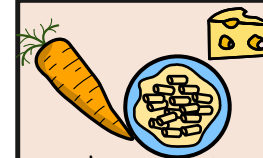
cheese and tomato, new  
potatoes and cucumber sticks



ploughmans lunch, freshly  
baked roll with cheese, apple,  
celery, crisps pickle/mayo



veggie lasagne, garlic  
bread and salad



cheese pasta with  
carrots



chilli and cheese nuggets,  
chips and baked beans

## Alternative



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato

## Pudding



fruit with greek yogurt  
pots



banoffee surprise



jelly and cream



yoghurt




choc ice



Jacket potato = cheese, tuna and mayo, cheese and beans

# Week 3

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Main Meal	 BBQ chicken pizza with spaghetti hoops	 tomato and mascarpone sausage pasta bake with green salad	 beef burritos with mixed pepper and cucumber salad	 roast pork, roast potatoes, sliced green beans and gravy	 sausage, chips and baked beans
Vegetarian	 cheese and tomato pizza with spaghetti hoops	 tomato and mascarpone veggie sausage bake with green salad	 veggie burritos with mixed pepper and cucumber salad	 cheese and onion slice, roast potatoes with green beans	 veggie sausage, chips and baked beans
Alternative	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
Pudding	 ice cream tub	 lemon meringue sponge	 custard and marshmallow tart	 yoghurt	 raspberry trifle

 =  cheese,  tuna and  mayo,  cheese and  beans

# Week 4

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Main Meal	 chicken curry, naan bread and rice	 jacket potato day: cheese and beans, tuna mayo, chilli, cheese and coleslaw	 pizza pinwheels with carrots and sweetcorn	 roast gammon, roast potatoes, cauliflower and gravy	 fish fingers, chips and baked beans
Vegetarian	 Quorn curry, naan bread and rice	 jacket potato day: cheese and beans, tuna mayo, veggie chilli, cheese and coleslaw	 pizza pinwheels with carrots and sweetcorn	 cauliflower cheese and roast potatoes	 chilli and cheese nuggets, chips and baked beans
Alternative	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
Pudding	 ice lolly	 melon platter	 Angel Delight	 yoghurt	 fruit cheesecake

 = 
 
 
 and 
 
 
 and 
 