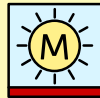


Kents Hill

Week 1



Monday



Tuesday



Wednesday



Thursday



Friday

Main Meal



chorizo and chicken
jambalaya with steamed peas



beef meatballs and ravioli
with grilled mediterranean
vegetables in tomato sauce



roast pork, roast potatoes,
cabbage and gravy



Hunter's chicken, bubble and
squeak and cucumber salad



battered fish, chips and
peas

Vegetarian



vegetable jambalaya with
steamed peas



vegetable meatballs and
ravioli with grilled
mediterranean vegetables in
tomato sauce



cheese and onion puff pastry
slice, roast potatoes, cabbage
and gravy



Hunter's Quorn fillet, bubble
and squeak and cucumber
salad



mozzarella cheese sticks,
chips and peas

Alternative



jacket potato



jacket potato



jacket potato



jacket potato

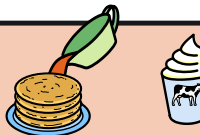


jacket potato

Pudding



strawberry sorbet



mini pancakes with home
made toffee sauce and
whipped cream



yoghurt



doughnuts



selection of homemade
ice cream



Jacket potato = tuna and mayo or cheese and beans

Kents Hill


Week 2

Main Meal


Vegetarian

Alternative


Pudding



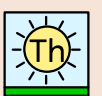
Monday



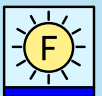
Tuesday




Wednesday



Thursday




Friday




English breakfast




BBQ beef chilli with steamed rice, guacamole and tortilla chips



roast gammon, roast potatoes, peas and gravy




beef cheeseburger with potato wedges and coleslaw




battered fish fingers, chips and baked beans



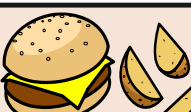
vegetarian English breakfast




BBQ veggie chilli with steamed rice, guacamole and tortilla chips




mushroom and spinach quiche, roast potatoes, peas and gravy




veggie cheeseburger with potato wedges and coleslaw




breaded vegetable fingers, chips and baked beans




jacket potato




jacket potato



jacket potato



jacket potato



jacket potato



butterscotch Angel Delight




chocolate eclairs



yoghurt



cinnamon swirl cheesecake



selection of homemade ice cream

 =  and  or  and 
Jacket potato = tuna and mayo or cheese and beans

Kents Hill

Week 3

Main Meal

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 penne pasta a la carbonara with grated parmesan and steamed peas	 Teriyaki chicken with sticky rice and steamed broccoli	 roast chicken, roast potatoes, cauliflower and gravy	 pulled pork wrap with BBQ beans and avocado salad	 breaded fish, chips and peas	
 mushroom penne pasta a la carbonara with grated parmesan and steamed peas	 Teriyaki Quorn with sticky rice and steamed broccoli	 mushroom Quorn fillet, roast potatoes, cabbage and gravy	 shredded vegetable wrap with BBQ beans and avocado salad	 Halloumi cheese sticks, chips and peas	
 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato	
 banana and vanilla milkshake	 rhubarb and custard cake	 yoghurt	 chocolate chip cookie	 selection of homemade ice cream	



Jacket potato = tuna and mayo or cheese and beans

Kents Hill

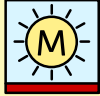
Week 4

Main Meal


Vegetarian

Alternative


Pudding



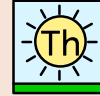
Monday




Tuesday




Wednesday




Thursday




Friday




Thai red beef curry with steamed rice and giant spring roll




Scotch egg with roasted butternut squash and creamed spinach




honey glazed gammon, roast potatoes, carrots and gravy




Moroccan lamb tagine with couscous and red onion salad




battered fish, chips and baked beans




Thai red vegetable curry with steamed rice and giant spring roll




veggie Scotch egg with roasted butternut squash and creamed spinach




roast Quarrn fillet, roast potatoes, carrots and gravy




Moroccan vegetable tagine with couscous and red onion salad




vegetarian nuggets, chips and baked beans




jacket potato




jacket potato




jacket potato



jacket potato



jacket potato



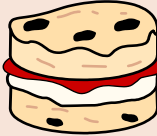
raspberry Angel Delight




chocolate and salted caramel cake




yoghurt



scone with clotted cream and jam



selection of homemade ice cream

 =  and  or  and 

Jacket potato = tuna and mayo or cheese and beans