

Kents Hill

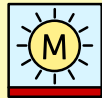
Week 1

Main Meal

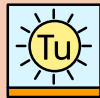
Vegetarian

Alternative

Pudding



Monday



Tuesday



Wednesday



Thursday



Friday



Scottish Lorne sausage
burger with caramelised
onions and rosemary potatoes



Malaysian chicken with
coconut rice, pineapple
and cucumber salad



roast pork, roast potatoes
steamed broccoli and gravy



chorizo and mozzarella
pasta bake with grilled
vegetables



battered fish, chips and
peas



veggie burger with
caramelised onions and
rosemary potatoes



Malaysian Quorn with
coconut rice, pineapple and
cucumber salad



cheese and onion slice,
roast potatoes, steamed
broccoli and gravy



mushroom and mozzarella
pasta bake with grilled
vegetables



Halloumi cheese sticks,
chips and peas



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato



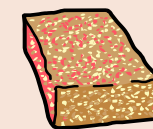
rocky road



butterscotch Angel Delight



yoghurt



white chocolate and
cranberry flapjack



selection of
homemade ice cream



Jacket potato

=



tuna

and



mayo

or



cheese

and



beans

Kents Hill

Week 2

Main Meal

Vegetarian

Alternative

Pudding

				
Monday	Tuesday	Wednesday	Thursday	Friday
				
BBQ pork, loaded tater tots and apple coleslaw	smoked paprika chicken with Spanish omelette and mediterranean vegetables	roast gammon, roast potatoes, Savoy cabbage and gravy	pork cutlet, mashed potatoes and Swedish pickle salad	breaded fish fingers, chips and baked beans
				
BBQ Quorn, loaded tater tots and apple coleslaw	smoked paprika Quorn strips with Spanish omelette and mediterranean vegetables	stuffed aubergine, roast potatoes, Savoy cabbage and gravy	veggie cutlet, mashed potatoes and Swedish pickle salad	breaded vegetable fingers, chips and baked beans
				
jacket potato	jacket potato	jacket potato	jacket potato	jacket potato
				
fruit jelly	chocolate tart	yoghurt	raspberry Angel Delight	selection of homemade ice cream

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  and
  or
  and
 

Kents Hill

Week 3

Main Meal

Vegetarian

Alternative

Pudding

				
Monday	Tuesday	Wednesday	Thursday	Friday
 pork and beef meatballs in Stroganoff sauce with pasta and peas	 Thai green chicken curry with steamed rice and prawn crackers	 roast chicken, roast potatoes, carrots and gravy	 Mexican beef burger with corn slow and potato wedges	 breaded fish, chips and peas
 vegetable meatballs and mushroom Stroganoff with pasta and peas	 Thai green vegetable curry with steamed rice and prawn crackers	 vegetable stuffed yorkshire pudding, roast potatoes, carrots and gravy	 Mexican veggie burger with corn slaw and potato wedges	 mozzarella cheese stick, chips and peas
 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
 fruit and seed granola bar	 banoffee pie	 yoghurt	 black forest fondant with custard	 selection of homemade ice cream

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  and
  or
  and
 

Kents Hill

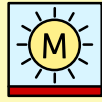
Week 4

Main Meal

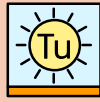
Vegetarian

Alternative

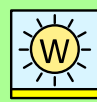
Pudding



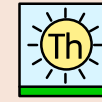
Monday



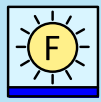
Tuesday



Wednesday



Thursday



Friday



English breakfast



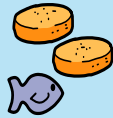
nut free satay chicken and
sweet potato curry with
rice and spring rolls



roast pork, roast potatoes,
parsnips and gravy



beef and marscarpone
cheese ragu with gnocchi
and rosemary pizza bread



battered fish, chips
and baked beans



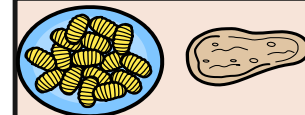
vegetarian English
breakfast



nut free satay Quorn and
sweet potato curry with rice
and spring rolls



roast Quorn fillet, roast
potatoes, parsnips and gravy



vegetable and marscarpone
cheese ragu with gnocchi and
rosemary pizza bread



cheesy cauliflower bites,
chips and baked beans



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato



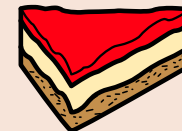
fruit jelly



mango lassi



yoghurt



strawberry cheesecake



selection of homemade
ice cream



Jacket potato =



tuna

and



mayo

or



cheese

and



beans