




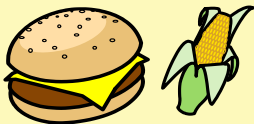

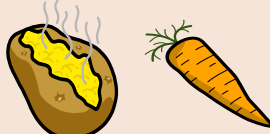



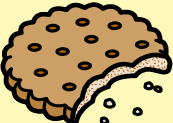

Week 1


Main Meal

Vegetarian

Alternative

Pudding

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 cheeseburger with mini corn on the cobs	 pizza with spaghetti hoops	 minced beef and onion pie with sliced green beans	 roast pork, roast potatoes, carrots and gravy	 fish, chips and baked beans
	 veggie cheeseburger with mini corn on the cobs	 pizza with spaghetti hoops	 veggie mince and onion pie with sliced green beans	 cheese and onion stuffed jacket potato with carrots	 Quorn nuggets, chips and baked beans
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 oatmeal and raisin cookies	 fruit crumble cake	 rice pudding with jam	 yoghurt	 chocolate brownies

 Jacket potato =
  Tuna
  mayo,
  cheese
 or
  cheese
 and
  beans

Week 2

Main Meal

Vegetarian

Alternative

Pudding

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 cheese and bacon parcel with buttered sweetcorn	 cowboy pie with country vegetables	 stew and dumplings	 roast chicken, roast potatoes, cabbage and gravy	 fish fingers, chips and baked beans
 cheese and red onion parcel with buttered sweetcorn	 veggie cowboy pie with country vegetables	 Quorn mince stew and dumplings	 roast Quorn fillet, roast potatoes, cabbage and gravy	 mozzarella sticks, chips and baked beans
 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
 chocolate cake and chocolate custard	 Bakewell slice	 Angel Delight	 yoghurt	 spiced toffee apple cake








 Jacket potato = Tuna mayo, cheese or cheese and beans

Week 3

Main Meal

Vegetarian

Alternative

Pudding

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 ham and mushroom pasta with garlic bread	 chicken casserole and mashed potatoes	 chilli and rice	 roast pork, roast potatoes, cauliflower and gravy	 sausage, chips and baked beans
 mushroom and cheese pasta with garlic bread	 Quorn casserole and mashed potatoes	 veggie chilli and rice	 cauliflower cheese with roast potatoes	 veggie sausage, chips and baked beans
 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
 apple and sultana sponge	 pear and chocolate pudding	 ginger cake	 yoghurt	 chocolate bar slice





 or
 
 and
 

 Jacket potato = Tuna mayo, cheese or cheese and beans

Week 4

Main Meal

Vegetarian

Alternative

Pudding

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 all day breakfast	 vegetable soup with a roll	 spaghetti bolognese	 roast gammon, roast potatoes, mashed swede and gravy	 fish cake, chips and baked beans
	 veggie all day breakfast	 vegetable soup with a roll	 veggie spaghetti bolognese	 cheese and tomato slice, roast potatoes, mashed swede and gravy	 mozzarella sticks, chips and baked beans
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 fresh fruit platter	 jam roly poly and custard	 mini treacle tarts	 yoghurt	 doughnuts

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