

Kents Hill

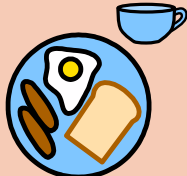
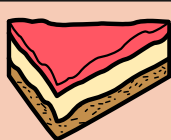
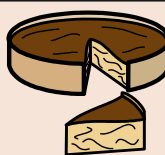
Week 1

Main Meal

Vegetarian

Alternative

Pudding

				
Monday	Tuesday	Wednesday	Thursday	Friday
 chicken tikka masala with steamed rice and mini naan bread	 English breakfast	 roast chicken, roast potatoes, carrots and gravy	 salami Milano macaroni cheese with roasted mediterranean vegetables	 battered fish, chips and peas
 Quorn tikka masala with steamed rice and mini naan bread	 vegetarian English breakfast	 roast Quorn fillet, roast potatoes, carrots and gravy	 macaroni cheese with roasted mediterranean vegetables	 Buffalo cauliflower, chips and peas
 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
 churros with chocolate sauce	 Ricotta cheesecake with strawberry compote	 yoghurt	 Tiramisu	 selection of homemade ice cream



Jacket potato = tuna and mayo or cheese and beans

Kents Hill

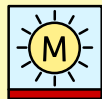
Week 2

Main Meal

Vegetarian

Alternative

Pudding



Monday



Tuesday



Wednesday



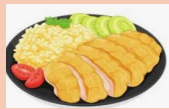
Thursday



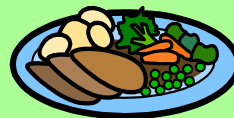
Friday



beef and root vegetable
stew with dumplings



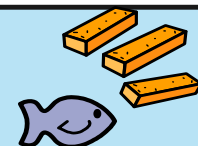
Thai honey sticky chicken
with rice, pickled cucumber
and sesame salad



roast gammon, roast potatoes,
Savoy cabbage and gravy



chicken schnitzel with
mashed potatoes and
leek slaw



fish fingers, chips and
baked beans



Quorn and root vegetable
stew with dumplings



Thai honey sticky Quorn
with rice, pickled cucumber
and sesame salad



stuffed pepper, roast potatoes,
Savoy cabbage and gravy



aubergine schnitzel
with mashed potatoes
and leek slaw



vegetable battered sausage,
chips and baked beans



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato



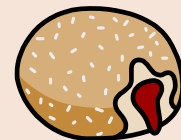
Biscoff and banana mousse



chocolate milkshake



yoghurt



doughnuts



selection of homemade ice
cream



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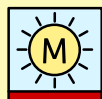
Week 3

Main Meal

Vegetarian

Alternative

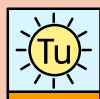
Pudding



Monday



Keralan beef curry with steamed rice and poppadoms



Tuesday



sausage, mozzarella and potato burger with giant onion rings



Wednesday



roast chicken, roast potatoes, broccoli and gravy



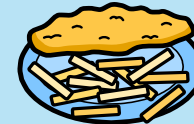
Thursday



pork and vegetable meatloaf with mashed potatoes, green beans and gravy



Friday



battered fish, chips and peas



Keralan vegetable curry with steamed rice and poppadoms



Quorn, mozzarella and potato burger with giant onion rings



roast Quorn fillet, roast potatoes, broccoli and gravy



vegetable meatloaf with mashed potatoes, green beans and gravy



mozzarella sticks, chips and peas



jacket potato



jacket potato



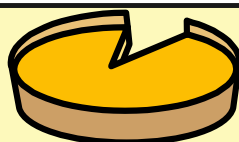
jacket potato



jacket potato



jacket potato



egg custard tart



Pinacolada smoothie



yoghurt



butterscotch Angel Delight



selection of homemade ice cream



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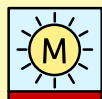
Week 4

Main Meal

Vegetarian

Alternative

Pudding



Monday



Tuesday



Wednesday



Thursday



Friday



maple glazed bacon steak
with carrot mash and
celeriac slaw



smoked trout wrap with
sweet potato wedges and
grilled cauliflower



roast pork, roast
potatoes, Savoy cabbage
and gravy



beef bolognaise with
spaghetti pasta and
cheesy garlic bread



breaded fish, chips and
peas



maple glazed courgettes
with carrot mash and
celeriac slaw



smoked cheese wrap with
sweet potato wedges and
grilled cauliflower



vegetable stuffed Yorkshire
pudding, Savoy cabbage
and gravy



vegetable bolognaise with
spaghetti pasta and cheesy
garlic bread



Halloumi sticks with sweet
chilli sauce, chips and peas



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato



chocolate flapjack



fruit jelly



yoghurt



mango and coconut
mousse



selection of homemade ice
cream



Jacket potato = tuna and mayo or cheese and beans