

# Kents Hill

## Week 1



Monday



Tuesday



Wednesday



Thursday



Friday

### Main Meal



Cumberland sausages, parsnip mash, green beans and gravy



penne pasta a la carbonara with grated parmesan and steamed peas



roast pork, roast potatoes, Savoy cabbage and gravy



Hunter's chicken with cauliflower hash browns and cucumber salad



fish fillet burger, chips and coleslaw

### Vegetarian



Quorn sausages, parsnip mash, green beans and gravy



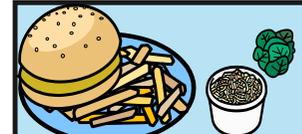
mushroom penne pasta a la carbonara with grated parmesan and steamed peas



cheese and onion puff pastry slice, roast potatoes, Savoy cabbage and gravy



Hunter's vegetable fillet with cauliflower hash browns and cucumber salad



pumpkin and spinach cheeseburger, chips and coleslaw

### Alternative



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato

### Pudding



fruit jelly



mini pancakes with home made toffee sauce and whipped cream



yoghurt



chocolate shard with seeds and dried fruits



selection of homemade ice cream



Jacket potato = tuna and mayo or cheese and beans

# Kents Hill

## Week 2

### Main Meal

### Vegetarian

### Alternative

### Pudding



Monday



Tuesday



Wednesday



Thursday



Friday



English breakfast



BBQ beef chilli with steamed rice, guacamole and tortilla chips



roast chicken, roast potatoes, steamed broccoli and gravy



pork, watercress and apple sauce sandwich with potato wedges



battered fish, chips and peas



vegetarian English breakfast



BBQ veggie chilli with steamed rice, guacamole and tortilla chips



vegetable roulade, roast potatoes, steamed broccoli and gravy



mushroom, watercress and garlic sauce sandwich with potato wedges



breaded mozzarella sticks with chips and peas



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato



raspberry Angel Delight



strawberry sorbet



yoghurt



banana and vanilla milkshake



selection of homemade ice cream

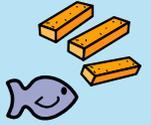
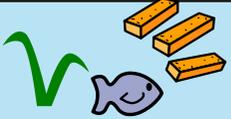
 =  and  or  and 

Jacket potato = tuna and mayo or cheese and beans

# Kents Hill

## Week 3

### Main Meal

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
<b>Main Meal</b>	 chorizo and chicken jambalaya with steamed peas	 sweet chilli chipolatas in a bun with potato wedges and sweetcorn salad	 roast pork, roast potatoes, Savoy cabbage and gravy	 lamb madras curry with steamed rice and red onion salad	 fish fingers, chips and baked beans
<b>Vegetarian</b>	 vegetable jambalaya with steamed peas	 sweet chilli and cheese nuggets in a bun with potato wedges and sweetcorn salad	 mushroom and spinach parcel, roast potatoes, Savoy cabbage and gravy	 Quorn madras curry with steamed rice and red onion salad	 Quorn fish fingers, chips and baked beans
<b>Alternative</b>	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
<b>Pudding</b>	 scone with clotted cream and jam	 whipped cream and chocolate cones	 yoghurt	 apple and cinnamon crumble with custard	 selection of homemade ice cream

 =  and  or  and   
Jacket potato = tuna and mayo or cheese and beans

# Kents Hill

## Week 4

### Main Meal

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
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 Thai red beef curry with steamed rice and giant spring roll	 tuna mayo Nicoise salad with soft boiled egg	 honey glazed gammon, roast potatoes, carrots and gravy	 pulled pork wrap with BBQ beans and rainbow coleslaw	 breaded fish, chips and baked beans
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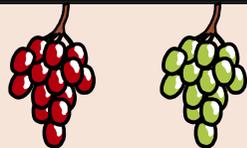
### Vegetarian

 Thai red vegetable curry with steamed rice and giant spring roll	 Halloumi cheese Nicoise salad with soft boiled egg	 stuffed tomato, roast potatoes, carrots and gravy	 shredded vegetable wrap with BBQ beans and rainbow coleslaw	 pea and lemon bites, chips and baked beans
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### Alternative

 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
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### Pudding

 fruit jelly	 butterscotch Angel Delight	 yoghurt	 red and white grapes medley	 selection of homemade ice cream
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Jacket potato = tuna and mayo or cheese and beans