




















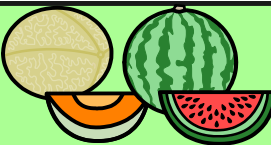


Week 1

Main Meal

Vegetarian

Alternative

Pudding

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 all day breakfast	 broccoli pasta with cheese or tomato sauce and garlic bread	 chicken wraps with peppers and red onion	 roast pork, roast potatoes carrots and gravy	 fish, chips and baked beans
	 veggie all day breakfast	 broccoli pasta with cheese or tomato sauce and garlic bread	 Quorn piece wraps with peppers and red onion	 cheese and onion slice, roast potatoes, carrots and gravy	 Quorn nuggets, chips and baked beans
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 sprinkle cake	 millionaire shortbread tarts	 melon platter	 yoghurt	 choc ices







 Jacket potato = cheese, tuna and mayo, cheese and beans

Week 2

Main Meal

Vegetarian

Alternative

Pudding

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 hot dogs, sauteed onions, peppers and mushrooms	 cheese and onion quiche, homemade rainbow coleslaw, diced tomato and cucumber	 lasagne, garlic bread and salad	 roast gammon, roast potatoes, runner beans and gravy	 fish cakes, chips and baked beans
	 veggie hot dogs, sauteed onions, peppers and mushrooms	 cheese and onion quiche, homemade rainbow coleslaw, diced tomato and cucumber	 veggie lasagne, garlic bread and salad	 cheese and tomato stuffed jacket with runner beans	 mozzarella sticks and baked beans
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 lemon shortbread	 jelly and cream	 white chocolate vanilla slice	 yoghurt	 raspberry trifle







 Jacket potato = cheese, tuna and mayo, cheese and beans

Week 3

Main Meal

Vegetarian

Alternative

Pudding

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 cheese and pepper frittata with new potatoes	 BBQ chicken and mediterranean vegetables with couscous	 pasta bolognese	 roast pork, roast potatoes, broccoli and gravy	 sausage, chips and baked beans
 cheese and pepper frittata with new potatoes	 BBQ Quorn pieces and mediterranean vegetables with couscous	 veggie pasta bolognese	 macaroni cheese with broccoli	 veggie sausage, chips and baked beans
 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
 fresh fruit meringue	 arctic roll	 fruit cheesecake	 yoghurt	 fruit lollies

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Week 4


Main Meal

Vegetarian

Alternative

Pudding

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 peri peri chicken, new potatoes and cheese coleslaw	 cheese and tomato pizza with spaghetti hoops	 baguettes with: cheese, tuna, ham, salad, tomato or cucumber with crisps	 roast chicken, roast potatoes, cauliflower and gravy	 fish fingers, chips and baked beans
	 peri peri Quorn pieces, new potatoes and cheese coleslaw	 cheese and tomato pizza with spaghetti hoops	 baguettes with: cheese, tuna, salad, tomato or cucumber with crisps	 Quorn fillets, roast potatoes, cauliflower and gravy	 mozzarella sticks chips and baked beans
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 banoffee surprise	 strawberry ice cream	 Angel Delight	 yoghurt	 fresh strawberry and cream Victoria sponge

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