

# Kents Hill

## Week 1

### Main Meal

### Vegetarian

### Alternative

### Pudding

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	 Cumberland sausages, parsnip mash, green beans and gravy	 penne pasta a'la carbonara with grated parmesan and steamed peas	 roast pork, roast potatoes, Savoy cabbage and gravy	 Hunter's chicken with cauliflower hash browns and cucumber salad	 fish fillet burger, chips and coleslaw
	 Quorn sausages, parsnip mash, green beans and gravy	 mushroom penne pasta a'la carbonara with grated parmesan and steamed peas	 cheese and onion puff pastry slice, roast potatoes, Savoy cabbage and gravy	 Hunter's vegetable fillet with cauliflower hash browns and cucumber salad	 pumpkin and spinach cheeseburger, chips and coleslaw
	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
	 fruit jelly	 mini pancakes with home made toffee sauce and whipped cream	 yoghurt	 chocolate shard with seeds and dried fruits	 selection of homemade ice cream



Jacket potato = tuna and mayo or cheese and beans

# Kents Hill

## Week 2

### Main Meal

### Vegetarian

### Alternative

### Pudding






	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Main Meal	 English breakfast	 BBQ beef chilli with steamed rice, guacamole and tortilla chips	 roast chicken, roast potatoes, steamed broccoli and gravy	 pork, watercress and apple sauce sandwich with potato wedges	 battered fish, chips and peas
Vegetarian	 vegetarian English breakfast	 BBQ veggie chilli with steamed rice, guacamole and tortilla chips	 vegetable roulade, roast potatoes, steamed broccoli and gravy	 mushroom, watercress and garlic sauce sandwich with potato wedges	 breaded mozzarella sticks with chips and peas
Alternative	 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
Pudding	 raspberry Angel Delight	 strawberry sorbet	 yoghurt	 banana and vanilla milkshake	 selection of homemade ice cream





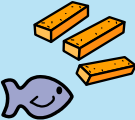
 =  and mayo or  and  beans

# Kents Hill





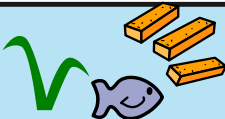
## Week 3

### Main Meal






 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
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 chorizo and chicken jambalaya with steamed peas	 sweet chilli chipolatas in a bun with potato wedges and sweetcorn salad	 roast pork, roast potatoes, Savoy cabbage and gravy	 lamb madras curry with steamed rice and red onion salad	 fish fingers, chips and baked beans
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### Vegetarian

 vegetable jambalaya with steamed peas	 sweet chilli and cheese nuggets in a bun with potato wedges and sweetcorn salad	 mushroom and spinach parcel, roast potatoes, Savoy cabbage and gravy	 Quorn madras curry with steamed rice and red onion salad	 Quorn fish fingers, chips and baked beans
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### Alternative

 jacket potato	 jacket potato	 jacket potato	 jacket potato	 jacket potato
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### Pudding

 scone with clotted cream and jam	 whipped cream and chocolate cones	 yoghurt	 apple and cinnamon crumble with custard	 selection of homemade ice cream
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 =  and  or  and   
Jacket potato = tuna and mayo or cheese and beans

Kents Hill

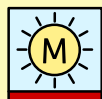
Week 4

Main Meal

Vegetarian

Alternative

Pudding



Monday



Tuesday



Wednesday



Thursday



Friday



Thai red beef curry with  
steamed rice and giant  
spring roll



tuna mayo Nicoise salad  
with soft boiled egg



honey glazed gammon, roast  
potatoes, carrots and gravy



pulled pork wrap with BBQ  
beans and rainbow coleslaw



breaded fish, chips and  
baked beans



Thai red vegetable curry with  
steamed rice and giant spring  
roll



Halloumi cheese Nicoise salad  
with soft boiled egg



stuffed tomato, roast  
potatoes, carrots and gravy



shredded vegetable wrap  
with BBQ beans and  
rainbow coleslaw



pea and lemon bites,  
chips and baked beans



jacket potato



jacket potato



jacket potato



jacket potato



jacket potato



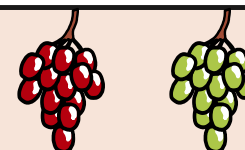
fruit jelly



butterscotch Angel Delight



yoghurt



red and white grapes  
medley



selection of homemade  
ice cream



Jacket potato = tuna and mayo or cheese and beans